**ICIQ URINARY INCONTINENCE SHORT FORM (ICIQ-SF)**

Many people leak urine from time to time. We are trying to find out how many people leak urine and how much it bothers them. We would be grateful if you could answer the following questions thinking about how you have been, on average, OVER THE PAST FOUR WEEKS.

**1) Please write your date of birth** **2) Gender Female Male**

**3) How often do you leak urine?**

| | | | | | |
|---|---|---|---|---|---|
| Never<br>0 points | About once a week<br>1 point | Two or three times a week<br>2 points | About once a day<br>3 points | Several times a day<br>4 points | All the time<br>5 points |

**4) We would like to know how much urine you think you leak? How much urine do you usually leak? (whether you use a pad or not) (Please tick one box)**

| | | | |
|---|---|---|---|
| NONE<br>0 points | A SMALL AMOUNT<br>2 points | A MODERATE AMOUNT<br>4 points | A LARGE AMOUNT<br>6 points |

**5) Overall, how much does leaking urine interfere with your everyday life? Please circle a number between 0 (not at all) and 10 (a great deal)**

| | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| not at all | 0 | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | a great deal |

ICIQ score: sum of scores 3+4+5. Scores of the questions=

**6) When does urine leakage occur? (Please tick all that apply to you)**

| |
|---|
| Never – I do not leak urine…. |
| I leak before I can get to the toilet…. |
| I leak when I cough or sneeze…. |
| I leak when I am asleep…. |
| I leak when I am physically active/exercising…. |
| I leak after I have finished urinating and am dressed…. |
| I leak for no obvious reason…. |

| |
|---|
| I leak all the time…. |

Çetinel B, Özkan B, Can G. THE VALIDATION STUDY OF ICIQ-SF TURKISH VERSION Turkish Journal of Urology: 30 (3): 332-338, 2004